

# Face Coverings for Agricultural Workers



People with COVID-19 can spread the virus before symptoms start.

Wear a face covering to protect others around you and slow the spread of coronavirus COVID-19.

## How to Wear



Wash hands with soap & water for 20 seconds before you put on the face covering, or use hand sanitizer.

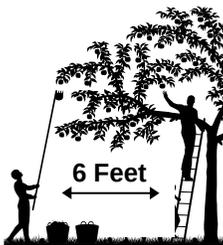
**Fully cover your mouth and nose with the disposable mask or cloth face covering** (scarf, bandana, homemade mask).

- Make sure it fits snug to the face and below the chin.
- Put ear loops around ears. Ties or elastic bands go behind the head and neck.
- Make sure you can breathe easily.



While wearing a face covering, **cover coughs and sneezes** with the inside of your elbow.

## Keep Distance



When possible, keep **6 feet of distance from co-workers during work and breaks.**

- Use a face covering if closer than 6 feet.

**Wear a face covering in the car or bus with people not from your home.**

- Sit far from people not from your home.
- Ride with fewer people, if possible.



## How to Change your Face Covering



1. Change your face covering if it is very damp or dirty.
2. Remove it by touching only the ties or bands.
3. Put a used cloth covering in a bag marked "Dirty".  
For a disposable mask, untie the bottom ties first, then the top ties. Throw it away.
4. **Wash your hands.**
5. Put on a clean face covering.

**Do not touch the face covering while using it.**

If you touch it, wash your hands or use hand sanitizer.



**Do not share used face coverings.**

## Keep It Clean



**Keep extra face coverings in a bag in your backpack or car.**

- Put used or dirty cloth face coverings in a separate bag.
- Wear a fresh face covering each day.
- Wear disposable masks 1 time only.

**Wash used cloth face coverings**

- Use a washing machine or by hand with soap and water.
- Dry completely in a hot dryer before re-using.
- Wash hands after touching the used or dirty face coverings.

